

## COVID-19 VACCINATION

### Healthwatch website

We have created a dedicated vaccine webpage on the [Healthwatch Brighton and Hove website](#) which is being regularly updating. The website explains how the vaccines are currently being rolled-out and includes news and updates. In this bulletin we have included some of the most significant changes announced over the last week below. We have also created a [Vaccine “Fact Check” webpage](#) to provide you with accurate information about the vaccines

### Contact us

Healthwatch is working with local NHS Clinical Commissioning Groups to ensure you get the information you need. If you have a specific question, please do get in touch at [office@healthwatchbrightonandhove.co.uk](mailto:office@healthwatchbrightonandhove.co.uk)

### Information to help you understand the vaccination roll out

You can access some answers to Frequently Asked Questions about the vaccine by clicking [here](#). Read this ‘[fact check](#)’ page which tackles some of the biggest concerns and inaccuracies.

To help you understand more about the vaccination roll out and what to expect, a series of videos have been produced which are available below:

How will I get my jab? (animation) <https://www.youtube.com/watch?v=Bh4DLdKD6uw>

I have received a letter, what do I do? (animation)  
<https://www.youtube.com/watch?v=ame-eJ4RUSU>

How will I be invited? <https://www.youtube.com/watch?v=wtDEiOK46GM>

What is a vaccination centre? <https://www.youtube.com/watch?v=izprZWWYe9w>

### In addition:

[Click here](#) to access an Easyread guide to being vaccinated

[Click here](#) and [here](#) to access translated materials about the vaccine

[Click here](#) for British Sign Language resources

Have you had the COVID vaccine? We would like to hear from you about your experience. Please email [office@healthwatchbrightonandhove.co.uk](mailto:office@healthwatchbrightonandhove.co.uk)

Or contact the team leading the roll out [sxccg.commsresponseteam@nhs.net](mailto:sxccg.commsresponseteam@nhs.net)

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## A. Calling those eligible who are yet to have their jab



We are urging anyone in the [nine priority groups](#) who has not yet had their vaccination to come forward and book their appointment.

Our vaccination programme has made strong progress and more than 900,000 vaccinations have now been delivered across Sussex.

However, we know that there are approximately 126,000 people who are in the first nine eligible priority groups and are yet to have their vaccination.

If you are aged 50 and over, are clinically extremely vulnerable, have an underlying health condition, or are an unpaid carer - you are eligible and you can arrange your appointment today.

There are appointments tomorrow at the vaccination centres - [book now online](#) or via 119. Alternatively contact your local vaccination service to arrange an appointment.

New data from Public Health England suggests that [COVID-19 vaccines have prevented thousands of deaths](#) in older adults, preventing 6,100 deaths up to the end of February 2021.

## Sir Lenny Henry writes an open letter to encourage people to have their vaccination



Sir Lenny Henry has written an open letter urging black Britons to take the Covid-19 vaccine.

The comedian and actor said people should "trust the facts" and guard against misinformation.

The letter has been signed by high-profile figures such as actor Chiwetel Ejiofor, YouTube star KSI and actress Thandie Newton.

## B. Dedicated service brings vaccines closer to home for people in the city



The campaign to combat any barriers preventing people in Brighton and Hove getting their COVID-19 vaccination took the vaccine to local residents in the heart of their community this week.

As part of the focused effort, COVID-19 vaccines were being given in the community outside St Peter's Church in York Place last Friday and Saturday, offering eligible local residents pre-booked appointments and drop in appointments.

More than 100 local people received their vaccination thanks to the teams, being managed by the HERE GP Federation. It is just the second weekend of the

ambulance being on the road, and it will be visiting further locations over the coming weeks.

This week the COVID-19 vaccines are being given in the community at:

- 10:30am to 2:30pm
- Good Friday 2 April and Saturday 3 April 2021
- Car park at St Peter's Church, York Place, Brighton, BN1 4GU

Pre-booked appointments are available for anyone eligible. Limited drop in appointments are also available. If you are eligible and are yet to receive your vaccination, simply call 0300 303 8060 to book your appointment with this community service this week.

Getting the vaccine in the community is easy; just bring one form of ID (photo ID not required) and NHS number, if known.

The 'No one's safe until we're all safe' campaign was launched by the local NHS and Brighton and Hove City Council to ensure no one misses out on their COVID-19 vaccine offer.



**When will I get my jab** 

**The COVID vaccine is coming to you at St Peter's Brighton**  
**Visit our ambulance vaccination service**

**When:** Friday 2nd and Saturday 3rd April from 10:30am to 2:30pm



**Where:** Alongside The Level on the west side of Ditchling Road as you head into Brighton

**Who can book:** anyone over the age of 50, those under 50 who have a serious long term health issue and unpaid carers

**How to book:** call 0300 303 8060 (drop in is also available)



Getting your vaccine is easy, just bring one form of ID (photo ID not required) and your NHS number, if you know it.

**We look forward to welcoming you**

**CORONAVIRUS**  
**KEEP SUSSEX SAFE**

## C. Changes to vaccine supply in April

**As the Government announced, there will be a reduction in vaccine supply from 29<sup>th</sup> March. This means that a smaller number of first doses will be available during April.**

Since the start of the vaccination programme we have been adjusting to fluctuations in vaccine delivery week-by-week and services are used to working in this flexible way.

Please be assured that all booked vaccination appointments will continue unless you hear directly from a vaccination service or centre. If you have already booked an appointment for your first vaccine in April this will still go ahead. Therefore, please attend your appointment and receive your vaccination.

## D. Second dose appointments get underway

**Vaccination services across our area are starting to arrange and carry out second dose appointments as people approach 12 weeks since their first vaccination.**

The first dose of both the Pfizer BioNTech and Oxford AstraZeneca vaccine offer good levels of protection, but to get maximum protection from COVID-19, everyone will need to get a second dose.

We are therefore urging people to come forward for their second dose of the vaccine when they are contacted or if they have an appointment booked.

Vaccination experts recommended that people receive their second dose around 12 weeks after their first.

If you have arranged your appointment through the national booking service, you are likely to have booked your first and second appointments at the same time. If you have booked online you can remind yourself of your place and time of your vaccination using the 'manage my appointments' section on [www.nhs.uk/covidvaccine](http://www.nhs.uk/covidvaccine).

If you had your vaccination at a GP led local vaccination service you will be contacted as you approach the 12 week mark. Please don't worry you will be contacted when it is time for your appointment.

## E. Second doses of the vaccination delivered to residents in care homes

**Thanks to the dedication and commitment of our vaccination teams from GP-led services, Primary Care Networks and Sussex Community NHS Foundation Trust, as at 28 March 2021, 4,391 care home residents (37.9 per cent) have received their second dose vaccination.**

Nearly all care homes in Sussex now have a planned date for a second visit from the vaccination team, so residents and available staff who had their first vaccine in the care setting, can receive their second dose. The remaining homes are currently being scheduled in and will be contacted very soon. Second doses are being scheduled up to twelve weeks after the first.

Care home residents and staff were among the first in Sussex to receive the vaccine earlier this year, after being identified in the top priority groups by the Joint Committee on Vaccinations and Immunisations, due to their high risk from COVID-19. Some care homes are also receiving a second visit from vaccination teams for first doses, in cases where a number of residents were unable to have their vaccine initially (due to illness or absence because of hospital admission, for example). As at 28 March 2021, 11,158 (96.4 per cent) of care home residents in Sussex have received their first dose vaccination.

Alongside the continuation of the delivery of the vaccine into care settings in Sussex, the NHS continues to vaccinate care staff. Anyone in these roles who has not yet received a first dose, is urged to [book a vaccine](#) appointment now.



Watch this film as care home workers from across our area share why they have had their vaccination

## F. People with a Learning Disability

COVID-19 can make you very unwell. People with a Learning Disability can have more health problems so it is really important that they have their COVID-19 vaccine.

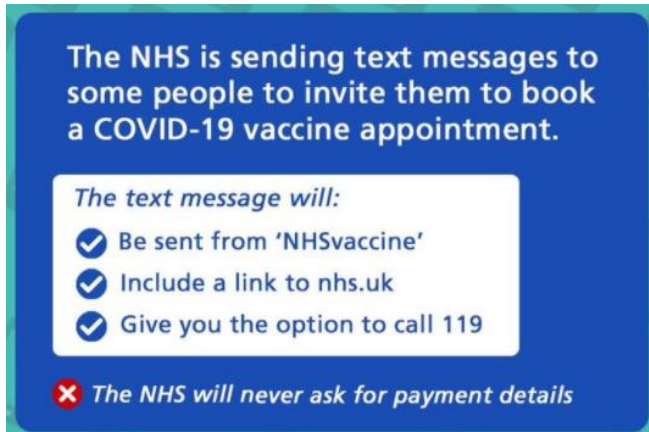
In this video, Dr Dissanayake and Nicola explain what it is like to get your vaccine. <https://youtu.be/vrJpajEdRnY>



## G. Vaccinations - how you may be contacted

The NHS will let you know when it's your turn to have the coronavirus (COVID-19) vaccination.

### By text or letter



You may receive a text from 'NHSvaccine' inviting you to book your vaccination appointments at a larger vaccination centre or pharmacy. You may also get a letter a few days after.

If you receive a text from 'NHSvaccine' inviting you to book and you're not sure if it is genuine, you can wait to receive your letter.

Texts from 'NHSvaccine' are separate to any invites you may get from local NHS services such as a GP surgery or hospital.

If you're invited to book a vaccination at a local NHS service, you'll usually get a text or a phone call. You may sometimes get a letter.

You can choose to book your vaccination appointments at a larger vaccination centre or pharmacy, or wait to be invited to go to a local NHS service. More places are opening all the time.

### Spotting a scam

The COVID-19 vaccine is free of charge on the NHS.

The NHS will never ask for:

- your bank account or card details
- your pin or banking password
- copies of personal documents to prove your identity such as your passport, driving licence, bills or pay slips

If you think you have been a victim of fraud or identify theft, report it to Action Fraud on 0300 123 2040.

### If you have received a letter or text but not booked an appointment

You may get a follow-up phone call from the NHS Immunisation Management Service. This call will be from 0300 561 0240. They will see if you need any help or support with your booking. You may also get a text from 'NHSvaccine' reminding you to book a vaccination appointment.

## H. Fact check: Covid-19 vaccinations - Check before you share.



You've probably read a lot of things about the coronavirus online, but not everything you have seen is true.

It is important to protect yourself and your loved ones from false information about the coronavirus and the COVID-19 vaccination programme.

Sharing false information about the [#COVIDVaccine](#) online can be dangerous. Consultant Obstetrician, Natasha (a doctor specialising in pregnancy, childbirth, and women's health) offers three questions you should ask yourself before passing on info.

[https://fb.watch/4z\\_GuqXn45/](https://fb.watch/4z_GuqXn45/)

Take a look at this ['fact check'](#) produced by the Sussex Health and Care Partnership which tackles some of the biggest concerns and inaccuracies out there, and sets the record straight with the facts and trusted information.

The British Society of Immunology has shared with Healthwatch some incredibly useful resources which should help answer many of your questions and queries. Please do take time to read the guides or watch the helpful and clear videos which involve medical experts answering your questions.

- [A guide to vaccinations for COVID-19](#) addressing common questions
- [What's in a vaccine](#) an infographic and blog explaining the ingredients found in vaccines.
- [Types of vaccines for COVID-19](#) - infographics on how the different types of vaccine work.
- [COVID-19 vaccine Q&A](#) videos

Further details about all of this are contained in the separate Healthwatch ['Fact Check' bulletin](#) and on the [Healthwatch website](#).

## I. Updated questions and answers

A full FAQ is available here: <https://www.sussexhealthandcare.uk/keepsussexsafe/sussex-covid-19-vaccination-programme/faqs-about-the-covid-19-vaccine/>



## J. How to get your vaccine - in different languages

English	To book your COVID-19 vaccination appointments go to <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> or phone 119 which will have interpreters available on request.	For more information in other formats, and languages other than English, go to: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Arabic عربي	، انتقل إلى COVID-19 لحجز مواعيد اللقاح ضد <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> أو اتصل برقم 119 الذي سيوفر مترجمين فوريين عند الطلب.	لمزيد من المعلومات بتنسيقات ولغات أخرى غير الإنجليزية، انتقل إلى: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Bengali বাংলা	আপনার কোভিড-১৯ টিকার অ্যাপয়েন্টমেন্টের বুকিং এর জন্য <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> এ যান বা ১১৯ নম্বরে ফোন করুন যেখানে অনুরোধ সাপেক্ষে দোভাষী পরিষেবা সুবিধা পাওয়া যাবে।	অন্যান্য প্রকরণ এবং ইংরেজী ব্যতীত অন্য ভাষাতে আরও তথ্য পেতে এখানে যান: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Spanish Español	Para reservar sus citas de vacunación contra la COVID-19, vaya a <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> o llame al teléfono número 119, donde tendrá intérpretes disponibles previa solicitud.	Para obtener más información en otros formatos e idiomas distintos del inglés, visite: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Farsi فارسی	برای رزرو قرارهای واکسیناسیون کووید-19 خود به <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> مراجعه کرده یا به شماره 119 زنگ بزنید که بنا به درخواست، مترجم همزمان در اختیار دارند.	برای اطلاعات بیشتر در فرمتهای دیگر، هر زبان دیگر به غیر از انگلیسی، به اینجا مراجعه کنید: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Gujarati ગુજરાતી	તમારી કોવિડ-19 રસીકરણની એપોઇન્ટમેન્ટ બુક કરવા માટે <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> પર જાવ અથવા 119 પર ફોન કરો જેઓ વિનંતી કરવાથી દુભાષિયા ઉપલબ્ધ કરાવી આપશે.	ઇંગ્લીશ સિવાયના અન્ય સ્વરૂપો અને ભાષાઓમાં વધુ માહિતી માટે, અહીં જાઓ: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Hindi हिन्दी	अपनी COVID-19 टीकाकरण अपॉइंटमेंट की बुकिंग करने के लिए <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> पर जाएं या 119 पर फोन करें जहां अनुरोध पर दुभाषिए उपलब्ध होंगे।	अन्य प्रारूपों, और अंग्रेजी के अलावा अन्य भाषाओं में अधिक जानकारी के लिए इस वेबसाइट पर जाएं: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>

Kurdish سۆرانی	بۆ سازکردنی مهوعید بۆ کوتان دژی کۆفید-19 سەردان بکە بۆ <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> یان تەلەفون بکە بۆ 119 کە وەرگیری زانیان هەمیه به داواکردن	بۆ زانیاری زیاتر به شیوازی تر، وه به زمانی تر جگه له ئینگلیزی، سەردان بکە بۆ <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Nepali नेपाली	तपाईंको COVID-19 खोप एपोइन्टमेन्ट लिन <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> मा जानुहोस् वा 119 मा फोन गर्नुहोस् जहाँ अनुरोध गर्दा दोभाषेहरू पनि उपलब्ध हुनेछन्।	अन्य स्वरूप, र अङ्ग्रेजी बाहेक अन्य भाषामा थप जानकारीका लागि, यहाँ जानुहोस्: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Punjabi ਪੰਜਾਬੀ	ਆਪਣੀਆਂ ਕੋਵਿਡ-19 ਟੀਕਾਕਰਨ ਅਪਾਇੰਟਮੈਂਟਾਂ ਬੁੱਕ ਕਰਨ ਲਈ <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> 'ਤੇ ਜਾਓ ਜਾਂ 119 'ਤੇ ਫੋਨ ਕਰੋ ਜਿੱਥੇ ਬੇਨਤੀ ਕਰਨ 'ਤੇ ਦੁਭਾਸ਼ੀਏ ਉਪਲਬਧ ਹੋਣਗੇ।	ਹੋਰ ਫਾਰਮੈਟਾਂ ਅਤੇ ਅੰਗਰੇਜ਼ੀ ਤੋਂ ਇਲਾਵਾ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਵਿੱਚ ਵਧੇਰੇ ਜਾਣਕਾਰੀ ਲਈ, ਇਸ ਵੈੱਬਸਾਈਟ 'ਤੇ ਜਾਓ: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Polish Polski	Aby umówić wizytę na szczepienie przeciwko COVID-19, należy udać się na stronę <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> lub zadzwonić pod numer 119, pod którym na żądanie dostępni są tłumacze ustni.	Więcej informacji w innych formatach i innych językach jest dostępna na: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Romanian Română	Pentru a vă programa pentru vaccinarea împotriva COVID-19 accesați <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> sau apelați numărul de telefon 119, care vă poate pune la dispoziție interpreți disponibili la cerere.	Pentru mai multe informații în alte formate și alte limbi în afară de limba engleză, accesați: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Somali Soomaali	Si aad u qabsato ballantaada tallaalka COVID-19 aad <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> ama taleefoon u dir lambarka 119 khadkaas oo laga heli karo turjubaano marka la weydiisto.	Macluumaad dheeraad ah oo ku saabsan qaabab kale, ama luqado kale aan Ingiriis aheyn, aad: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Albanian Shqiptare	Për të rezervuar takimet tuaja të vaksinimit COVID-19 shkoni në <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> ose telefononi numrin 119 i cili do të ketë në dispozicion përkthyes sipas kërkesës.	Për më shumë informacion në formate të tjera dhe gjuhë të tjera përveç anglishtes, shkoni te: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>

Tagalog Tagalog	Para mai-book ang iyong mga appointment sa pagpapabakuna laban sa COVID-19, pumunta sa <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> o tumawag sa 119 na kung saan may maaaring tumulong na mga interpreter kapag hiniling.	Para sa higit na impormasyon sa iba pang mga format, at mga wika maliban sa Ingles, pumunta sa: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Urdu اُردُو	کوویڈ-19 کے حفاظتی ٹیکے لگوانے کے لیے اپنی ایوانٹمنٹ بک کرنے کے لیے <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> پر جائیں یا 119 پر کال کریں جہاں پر درخواست کرنے پر مترجم دستیاب ہوں گے۔	دیگر فارمیٹس، اور انگریزی کے علاوہ دیگر زبانوں میں معلومات کے لیے جائیں: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Chinese 中文	欲预约您的 COVID-19 疫苗接种，请访问 <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> 或拨打 119，可根据要求提供口译员服务。	欲获其它格式及英语以外其它语言的更多信息，请访问： <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>



You can sign up to receive regular bulletins and information from Healthwatch.

Please email [office@healthwatchbrightonandhove.co.uk](mailto:office@healthwatchbrightonandhove.co.uk)

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