

Healthwatch Brighton and Hove Workplan of Projects, March 2023 - March 2024

This document describes the health and social care projects that Healthwatch Brighton and Hove (HWBH) has worked on during the past year and those we determined that we were unable to take forward for various reasons. It also describes the work we are currently working or are actively considering, and which we will take forward into the next year (April 2024 – April 2025). Furthermore, it also describes a number of essential internal projects that support the successful operation of our organisation, many of which are ongoing. This document provides a summary of each project's status and is subject to regular revision.

External projects are identified by Healthwatch using a range of sources including patient feedback; from the many meetings that we attend; from intelligence shared with us by partner organisations and in line with our **Decision Making & Prioritisation Policy.**

The document is divided into the following sections:

- l. Recently completed projects where we are monitoring our impact (blue)
- 2. Active projects that the team is working on (green)
- 3. Potential future projects under consideration (amber)
- 4. Projects considered but not being taken forward (red)
- **5.** Internal projects (yellow)



Awards 2022

commended



In addition to the named projects in Section 1 and 2 below (which are often limited, or one-off projects), Healthwatch Brighton and Hove's workplan includes our ongoing work and routine monitoring of health and care services. Our work includes those areas which we know, either through our patient information line or other engagement activities, are of particular concern to patients across Brighton and Hove.

We also deliver work which has a Sussex-wide impact, in partnership with our colleagues in Healthwatch <u>West</u> and <u>East Sussex</u> and with the assistance of a dedicated <u>Liaison role</u> lead (who operates across all three Healthwatch teams and <u>Sussex Health and Care</u>, which is the name for our <u>Integrated Care System</u>). Our work involves collating feedback, investigating and escalating issues as appropriate.

Our escalation routes are varied and include to: the four Sussex Hospital Trust's Senior Leadership Teams, the <u>Care Quality Commission</u>, <u>Healthwatch England</u>, our <u>Integrated Care System</u>'s <u>Assembly, Patient Experience Committee</u>, Quality Governance Improvement Group and Primary Care Commissioning Group and the city's <u>Health and Wellbeing Board</u> and <u>Health Overview and Scrutiny Committee</u>.

Areas of focus include:

- Patient concerns about safety at <u>University Hospitals Sussex Trust</u> following poor CQC outcomes and a live police investigation into
 patient deaths. We are also focussed on maternity and the Emergency Department.
- 2. Access to primary care services, i.e. GP's, NHS dentistry and high street pharmacy services.
- 3. Service changes, notably to GP practices.
- 4. Access to Mental Health services, especially CAMHS (Children and Adolescent Mental Health Services).
- 5. Access to hospital services, including waiting times.
- 6. Ambulance services.
- The quality of home care.
- 8. Non-emergency Patient Transport Services.
- 9. Conducting our series of routine Enter and Views to health care services.

We deliver projects in partnership and with the help and support of local voluntary and community groups and other organisations. We would like to express our sincere thanks to them. **You can see which organisations we have worked with at the end of this document**.

You can read more about our work and the impacts this has in our latest <u>six-monthly Performance</u> (April-September 2023) and our <u>Annual Report, April 2023-March 2024.</u>



1. Completed projects where we are monitoring impact.

I. Completed projects where we are monitoring impact.						
Name	Source of	Project lead	Details	Status and impact		
	project					
. Healthwatch	HWBH and	Clary Collicutt	In April, Healthwatch Brighton and Hove	Work completed in April 2023.		
Brighton and	University	(Project	(HWBH) staff and volunteers undertook	Report <u>published</u> in May.		
Hove (HWBH)	Sussex	Coordinator)	an Enter and View visit to the maternity			
Enter and View	Hospitals Trust		ward at the Royal Sussex County	Impact . Our report was discussed by the		
visit to	(UHSx)		Hospital. The team talked with six	UHSx's Patient Experience and		
maternity			patients across the three wards and	Engagement Group which is attended by		
services			asked for their views on their	senior staff including Maternity Matrons.		
			experiences of maternity services. This	Our recommendations are being tracked		
			was an important follow-up visit,	by UHSx for implementation. The report		
			conducted with <u>Maternity Voices</u>	was also shared with the Integrated Care		
			Partnership and which followed a poor	System's Quality Governance		
			Care Quality Commission report into	Improvement Group and Patient		
			maternity services. We reported	Experience Committee, which explore all		
			positive findings overall but highlight a	aspects of patient safety and patient		
			need to focus on good	involvement. We also shared our report		
			communications between staff and	with the CQC.		
			parents.			
2. Supporting the	HWBH and UHSx	Clary Collicutt	HWBH invited other organisations, such	Work completed in May 2023.		
development of			as Possibility People, to attend an	Report <u>published</u> in July.		
our new local			Emergency Department (ED)			
Emergency			redevelopment stakeholder and	Impact. The Trust want to use these		
Department			engagement session held at the Royal	events to ensure that the ED		
			Sussex County Hospital. A £48 million	redevelopment reflects patient's opinion		
			investment has been agreed to expand	and needs. HWBH will continue to engage		
			and improve the existing ED	with the Trust to ensure that we are		



Name	Source of project	Project lead	Details	Status and impact
			Department over the next four years. HWBH has previously reported that the current ED is not fit for purpose, due to its size and layout. This means patients are having to wait longer, and this can negatively impact the care they receive or their overall experience.	involved in the ongoing plans to redevelop the ED. We have already been asked to join a regular Steering Group and will be attending further engagement events (with VCSE).
			In September 2023, Healthwatch attended the second workshop in the series, and we were able to find out the progress UHSx has been making to	Report <u>published</u> in April 2024. Here's a summary of what we found out from the session:
			date.	 The finalised floorplan of the Acute floor has been agreed upon. The new footprint will be 66% bigger than the current acute floor, allowing more space for resuscitation, ambulance, triage areas, and walk-in waiting areas. Staff observation of patients has been considered throughout the design process. For example, cubicles have been designed around a central staff space so staff can see the patients. Ensuring that it is clear to patients where they are and where they



Name		Source of project	Project lead	Details	Status and impact
					need to go has been fundamental in the design process. The areas where patients can freely walk are straightforward to navigate, and all other areas are staff-controlled. • Due to the lack of natural light in the ED, UHSx are considering how to improve the lighting. • Demolition work has started on level five of the Millennium Building. This will create space for the construction of the new Medical Assessment Unit. • Work continues on planning how to keep the Acute floor running as normal through the construction of the new ED
3. Direct project	t Payments ct	Brighton and Hove Council (BHCC)	Dr Lester Coleman (Head of Research)	The Council wanted to hear views and experiences from people who receive Direct Payments which help people, or someone who is cared for, to receive financial support for their care needs.	Work completed in June 2023 Report published in July. Impact. Since publication, the Commissioning Manager, Brighton and Hove City Council, Health and Adult Social Care acknowledged the importance of this report in influencing service change:



Name	Source of project	Project lead	Details	Status and impact
	project			"This Healthwatch report is an essential element of Brighton and Hove City Council's commitment to improving access and support for using Direct Payments, as a way of enabling individuals and families to buy (with local authority funding), their own care and support. BHCC has completed a Review of the systems, policy, information, advice, and provision of DP's, of which this survey is critical. We are now moving to an improvement plan, which will include addressing the recommendations within this report."
4. Dementia Pathways project	NHS Sussex	Dr Lester Coleman	HWBH conducted interviews with patients living with dementia and their carers to understand their experiences and ideas to improve the support offered to them.	Work completed in June 2023. Report published in July. Impact. The impacts from our project are being implemented at a new working and implementation group (including representatives from the ICB, Alzheimer's Society, MAS providers and Care Homes) dedicated to responding to all 27 recommendations leading to service improvement. These include developing a list of Frequently Asked Questions leaflet



Name	Source of project	Project lead	Details	Status and impact
				for people diagnosed with dementia to
				avoid overloading with materials, a new
				'My Choice' booklet to include a more
				succinct set of information, and materials
				sent to every Memory Assessment Service
				(MAS) across Sussex to make the
				environment more dementia-sensitive
				(such as clear signposting,
				recommendations about lighting, etc.).
				We have shared this intelligence widely,
				to the commissioners for overnight
				nursing and wound care provision in
				Sussex, the Public Health Age and
				Dementia Friendly Healthy Lifestyles
				Team (BHCC), and most recently the
				Chief Operating Officer at the Sussex
				Partnership NHS Foundation Trust and the
				Trust's Clinical Director for Specialist Older
				Adults Mental Health Services (Sussex
				Partnership NHS Foundation Trust). Our
				work has been cited at a dementia
				symposium event (March 2024) and we
				are due to present to work to the
				Dementia Action Alliance (April 2024).



	Name	Source of project	Project lead	Details	Status and impact
5.	NHS Sussex public opinion survey (summer 2023)	NHS Sussex	Dr Lester Coleman	A Sussex-wide survey was conducted to gather public views on the Integrated Care System's (ICS) Shared Delivery Plan and what issues people were most concerned about. Healthwatch Brighton and Hove (HWBH) targeted specific patient groups (i.e. those routinely less heard from) to ensure a wider breadth of opinion was collated.	Work completed in July 2023. Impact. HWBH delivered a report to NHS Sussex in July 2023 reflecting the views of over 400 people. Our data was combined by NHS Sussex with wider survey responses and a final report was presented to the Integrated Care System's Patient Experience Committee in November. This Committee seeks assurance that public opinion is being actively gathered and acted upon. HWBH will continue to follow up with NHS Sussex on actions from this work.
6.	HWBH Enter and View to the Louis Martindale Building	HWBH and University Sussex Hospitals Trust (UHSx)	Clary Collicutt	In August, our volunteers visited the Atrium at the new Louisa Martindale Building at the Royal Sussex County Hospital. The team talked with six outpatients and their relatives and asked for their views on their experience of the new Atrium building, about their first impressions of the new building, how it compares to when they visited the old hospital, about the food and drink available and if there is anything that could have been done to	Work completed in August 2023. Report published in November. Impact. Our report was discussed by the UHSx's Patient Experience and Engagement Group and discussed by the Trust's Executive Team which asked for assurance that our recommendations would be acted upon. Our recommendations are being tracked by UHSX for implementation and HWBH will monitor their implementation to ensure they happen.



	Name	Source of project	Project lead	Details	Status and impact
				improve it further. Our findings were very positive.	
7.	Primary Care Network/ Patient Participation Group engagement event	NHS Sussex	Michelle Kay (Project Coordinator)	In May, HWBH hosted a successful event with over 40 participants from across GPs, patients, NHS Sussex and Voluntary and Community Groups (VCSE). This examined how best to ensure that Primary Care Networks (PCNs) make better use of their Patient Participation Groups (PPGs). The goal was to deliver better public involvement. Notes: PCNs are groups of GP practices working together; PPGs consist of patients who wish to be involved in their local practices, taking an active role in developing local health services.	Work completed May 2023. We <u>published</u> a summary report in August 2023. Impact. The final Sussex wide report is awaited (expected January 2024). This will deliver a toolkit that will encourage greater involvement of patients in the services being delivered by their GP practices, building on best practice. HWBH will actively monitor how this toolkit is being used following its publication.
8.	Digital and Data project	NHS Sussex/HWBH	Clary Collicutt and Dr Lester Coleman.	HWBH reviewed a range of reports/ quantitative/qualitative data on "digital and data" to deliver a thematic report for the first NHS Sussex Integrated Care Board (ICB) Digital and Data Board in November. HWBH is conducting a variety of projects on digital and data which is a priority for our health care system and critical for patients who	Impact. HWBH delivered our report to NHS Sussex in September. We were asked to present our findings to the NHS Digital and Data Board in November. HWBH will continue to follow up with NHS Sussex on how they are acting on our findings.



Name	Source of project	Project lead	Details	Status and impact
			use technology to support their health and wellbeing.	
9. Research project on pharmacies	Healthwatch England	Michelle Kay	We supported Healthwatch England (HWE) by interviewing pharmacy users and pharmacy staff to learn more about their views and experiences. The project started in September 2023	Work completed in October 2024. We submitted three transcripts and summaries from our interview to Healthwatch England. We interviewed two patients and one pharmacist. Healthwatch England are finalising their report using input obtained from across the Healthwatch watch network. We will publish this once it is made available. Impact: We are waiting for Healthwatch England to publish their national report.
10. PLACE visits	HWBH / University Hospitals Sussex NHS Trust	Clary Collicutt	In October/November, we supported University Hospitals Sussex and Sussex Partnership Foundation Trust to complete their annual PLACEs visits. Patient Led Assessments of the Care Environment involve local people ("patient assessors") going into hospitals to assess how the environment supports the provision of clinical care, assessing such things as	Work completed in October 2023. We published our two reports: PLACE visits: University Hospitals Sussex Place: Sussex partnership Foundation Impact: "The report offers fantastic, credible, balanced insights into the experience of our patients attending our sites for care



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			privacy and dignity, food, cleanliness and general building maintenance, the extent to which the environment is able to support the care of those with dementia or with a disability.	in a highly readable and accessible format – thank you. The report will be taken to the Trust's Patient Experience and Engagement Group in March to be discussed and so that actions can be tracked. The report will also be shared with service leads. The Trust is already taking action in many of the areas identified. For example we will be carrying out routine audits of corridors, the feedback about natural light in the cancer centre is reflective of that we have had from other patients, and is shaping the designs for the new cancer centre and a new nutrition and hydration policy is under development to make clear expectations of staff with regarding to feeding." Nicole Chavaudra – Director of Patient Experience, Engagement and Involvement
11. Outpatients' Deliberative Engagement Workshops	HWBH / NHS Sussex	Michelle Kay	HWBH on behalf of Healthwatch teams in Sussex was commissioned by NHS Sussex to run workshops for the purpose of gaining participant views on	Work completed in November 2023. Report <u>published</u> in November.



	Name	Source of project	Project lead	Details	Status and impact
				new initiatives being introduced into the Outpatient experience. HWBH led the project supported by our volunteers and colleagues from Healthwatch East and West Sussex and NHS Sussex. 31 participants were recruited from across Sussex. Our finding are already having an impact.	Impact. The findings from this work are already having impact, notably supporting better patient communication. For full details of the changes which this project is helping to make, please visit our webpage. "We really wanted to understand what matters to patients and how we need to adapt our programme accordingly. These workshops were well attended with all participants making a valuable contribution. The discussions and points raised were really interesting and of huge value to our programme plan going forward. Overall, the workshops and deliberative engagement process exceeded our expectations, and we are incredibly grateful to everyone involved." Outpatient Transformation Team.
12.	Deliberative Engagement training	Healthwatch England	Michelle Kay	On the back of our successful Outpatient Deliberative Engagement project, we were funded by Healthwatch England to deliver a training session to the rest of the Local Healthwatch network across England to	Work completed in November 2023. Impact. Our training means that this method of engaging patients will be used, across the country by other Healthwatch teams. Deliberative



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			expand this productive method of patient engagement.	engagement focuses on increasing participants' knowledge of a subject and encourages viewing the subject objectively, and from many viewpoints, enabling them to make more informed judgements.
13. Emotional support during the perinatal experience	Healthwatch England	Michelle Kay	We contributed to a nationwide review on maternity services. We spoke to local women and their partners about emotional support during the perinatal experience (pregnancy, birth, and post-birth up to one year afterwards) and gave findings to Healthwatch England who called for national policy change.	Work completed January 2023. Report published November 2023. (delay occurred pending publication of the final, national report by Healthwatch England). Impact. Healthwatch England received five transcripts each from local Healthwatch, including Brighton and Hove (20 interviews in total). From the collective interview findings and other evidence collected directly, they produced and published a national report and several focused reports which impacted on NHS England improvements to maternity and neo-natal services. To read these reports click on the links below: Maternal mental health: The changes your feedback made possible



	Name	Source of project	Project lead	Details	Status and impact
					Stories from new mothers: the importance of good communication Stories from new mothers: accessing maternal mental health service
14.	Cervical screening (women's health)	Healthwatch England	Michelle Kay	HWE provided funding for HWBH to conduct semi-structured interviews with women who haven't taken up, or are hesitant about taking up, cervical screening tests, or face barriers in accessing cervical screening tests. HWE are focussing on groups which historically have faced greater barriers to screening or have lower uptake rates. This work supports the government's Women's Health Strategy in 2022 and the development of the Sussex-wide strategy. HWBH is focussing on interviews with younger women.	Work completed in January 2024. We submitted our interview transcript to Healthwatch England. Healthwatch England are finalising their report using input obtained from across the Healthwatch watch network. We will publish this once it is made available. Impact: We are waiting for Healthwatch England to publish their national report.
15.	Health Counts survey	Brighton University / Brighton and Hove City Council	Dr Lester Coleman	HWBH supported Brighton University with their Health Counts survey which is run every 10 years. The survey gathers robust information by geographical area on health and social care needs including inequalities across the population. HWBH performed user tests	Worked completed in March 2024. Impact. HWBH invited other local groups and our volunteers to user test the survey. Feedback from a diverse representation of our city fed into the survey design, improving the questions and content. The



Name	Source of project	Project lead	Details	Status and impact
			of the survey and have promoted it through our VCSE and other networks. Work commenced in October.	survey was promoted at the March Health and Wellbeing Board where Healthwatch's involvement was acknowledged. We started the promotion of the survey in
16. Health inequalities - A data review to inform a LGBTQ commissioning toolkit	NHS Sussex	Clary Collicutt and Dr Lester Coleman. This is a partnership project with Switchboard	NHS Sussex launched health inequalities grant scheme in 2023. We were successful in our bid to deliver a project in conjunction with Switchboard. The project will produce an LGBTQ toolkit, suite of graphics and training package including an animation, for health professionals, commissioners etc. The aim is that professionals and NHS Sussex will use this toolkit to deliver health and social care services which best meet the needs of LGBTQ+ people.	March 2024 across our various channels. The HWBH element to this work was completed in March 2024. Impact: We shared our report with Switchboard and NHS Sussex. The next stage is for Switchboard to use our report to support the development of their toolkit. Whilst our work has officially ended, we will continue to work with partners and support them. We received very positive feedback from NHS Sussex about our report, citing it as an example of best practice. We have also shared our report with Brighton and Hove City Council who are keen to use it to support the development of a city-wide Joint Strategic Needs Assessment which describes the health and social care needs to our LGBTQ



Name	Source of	Project lead	Details	Status and impact
Patient Knows Best poll	Healthwatch in Sussex	Simon Kiley, Insight and Intelligence Manager, Healthwatch East Sussex	In February 2024, the three local Healthwatch in Sussex sought people's experiences of 'Patients Know Best' through a short web-based poll. You can read what people told us below. Patients Know Best is designed to create a single secure Personal Health Record where health/social care providers bring together patient information in one place. Patients can then access correspondence, test results and other features.	population. We will continue having conversations with the Council on this. Work was completed in March 2024. Report published in March. We heard from 159 people from across Sussex, including 82 people from Brighton and Hove Responses were generally favourable. We learnt that people want: Improved awareness amongst health professionals of Patients Knows Best Increased connectivity between Patients Know Best and other datasets
				 A clearer and simpler digital 'offer' from NHS services Access to a greater range of test results and information
				 Improved information around test results Increased communication option Impact: We shared our results with NHS Sussex and learnt of plans to



	Name	Source of project	Project lead	Details	Status and impact
					recommission the service. We will follow up on this and ask whether our poll findings can be developed into something wider.
18.	Young Healthwatch	HWBH/RuOK service	RuOk is funded by HWBH to deliver this project. HWBH Leads are Alan Boyd /Dr Lester Coleman	Collecting the voices of Children and Young People (CYP) is a critical element to the work of HWBH. We have commissioned the RuOK service (a drink/drugs service) to understand the barriers to accessing services amongst LGBTQ+ CYP. The project started in September with a series of focus groups. The project will deliver a report and series of videos as well as a guide for professionals	By March, the project was nearing conclusion. The report was being finalised along with interactive resources and series a guide for professionals working with young LGBTQ people. We will publish the final products shortly and determine how best to disseminate these.
19.	People's Profile Public Engagement: Parents/Carers of children aged 5 years and under.	Care Quality Commission	Michelle Kay	In October, CQC issued a call for tenders for organisations to deliver engagement work with patients. The purpose of this work is to engage with people about health and care issues impacting them, their families, and carers. They were particularly looking at how people access and use healthcare services, barriers to their ability to do this and recommendations for how CQC could involve and co-design with them. HWBH will be speaking with	Work completed in March 2024. We are awaiting a response from the CQC before we publish the report.



	Name	Source of project	Project lead	Details	Status and impact
				parents of young children (0-5yrs of age) to understand how they use services to support the wellbeing of their children and any barriers to access. The project started in December. A survey was issued in January and a series of 1:1 interviews were held. We worked with other local groups to deliver this project such as Mothers Uncovered. Volunteers were involved in conducting interviews, identifying key themes, and supporting the analysis of the survey.	
20.	NHS Sussex public opinion survey (winter 2023/24)	NHS Sussex	Dr Lester Coleman	NHS Sussex again asked us to support them with a Sussex-wide survey to gather public views on the Integrated Care System's (ICS) Shared Delivery Plan and what issues people were most concerned about. Healthwatch Brighton and Hove (HWBH) targeted specific patient groups (i.e. those routinely less heard from) to ensure a wider breadth of opinion was collated.	Work completed in March 2024. Impact. HWBH delivered a report to NHS Sussex in March 2024 reflecting the views of over 350 people. Our data will be combined by NHS Sussex with wider survey responses and a final report was presented to the Integrated Care System. HWBH will continue to follow up with NHS Sussex on actions from this work.
21.	Patient Advice and Liaison Service (PALS) poll	Healthwatch in Sussex	Simon Kiley, Insight and Intelligence Manager,	March 2024, the three local Healthwatch in Sussex sought experiences of Hospital 'Patient Advice and Liaison Services'.	Work was completed in March 2024. Report <u>published</u> in March.



Name	Source of project	Project lead	Details	Status and impact
		Healthwatch East Sussex	PALS provides a point of contact for patients, their families and their carers. They offer confidential advice, support and information on health-related matters.	We heard from 94 people from across Sussex shared their views with us, including 24 from Brighton and Hove. • 36.2% told us PALS made little difference to their experiences of managing their health, 33.0% found it made it easier/better and 10.1% harder/worse. • The feature of PALS most identified as Excellent (30.9%) was 'Delivering the outcome you were seeking'. However, this was also the aspect most identified as Poor (33.0%). • More than a quarter of respondents rated PALS as Poor for ease of access, being kept informed, quality of information and delivering outcomes. • PALS were most identified as Not at all helpful in: resolving problems, signposting outside the NHS, explaining complaints advocacy and listening to feedback.



Name	Source of	Project lead	Details	Status and impact
	project			The feedback we received from <u>Brighton</u> and <u>Hove</u> residents that they had poorer experiences of using PALS.
				Impact: We shared our results with NHS Sussex and University Hospitals Sussex who provide the PALS service who have agreed to discuss this with. They advised that the PALS team have juts 7 FTE PALS officers working across our four main sites, and we manage hundreds of enquiries a week meaning that demand outstrips capacity. Many of the enquiries they receive are complex and require time to investigate. We wil continue to follow up with the Trust.



2. Active projects (those we are currently working on to be carried forward into 2024/25)

Name	Source of	Project lead	Timescale	Details	Status
	project		(estimated)		
Healthwatch Brighton and Hove (HWBH) Enter and View visit of the Emergency Department	HWBH and University Sussex Hospitals Trust (UHSx)	Clary Collicutt (Project Coordinator)	March-April 2024	In March, Healthwatch Brighton and Hove (HWBH) staff and volunteers undertook an Enter and View visit to the Emergency Department. The team talked with six patients. This was a visit which followed a poor Care Quality Commission report and negative media coverage. It also supports our current involvement in the redevelopment of the Emergency Department.	Work was completed in March 2023 and our report will be published in April.
Digital use among older people from underserved communities	Kent, Surrey and Sussex Clinical Research Network via a HWBH Board member.	Dr Lester Coleman	September 2023 – March 2024	At the time of writing, we have worked with Sussex Interpreting Services and Bridging Change in holding three focus groups and also providing contacts for telephone conversations. Participants represent a range of different ethnicities and experience with digital technology, although with most people reporting themselves to have medium to low confidence.	The project started in September. Interviews and focus groups are currently taking place. 3 more participants required and preliminary report drafted. Expected to be completed by end of April 2024.
UHSx Mystery Shops	HWBH and UHSx	Clary Collicutt (Project Coordinator)	Ongoing	UHSx have been developing their Welcome Standards programme, which was borne out of the Communication Charter	The first Mystery Shop is being planned for June 2024.



Name	Source of	Project lead	Timescale	Details	Status
Enter and View visits and Patient Led Assessments of the Care Environment (PLACE)	HWBH	Clary Collicutt (Project Coordinator)	Ongoing	developed by Healthwatch B&H as part of our Outpatient-focussed Putting good communications with patients at the heart of service change report. The Welcome Standards programme is now a significant programme of training and self-evaluation around a set of criteria. This work is funded by the UHSx charities and includes a budget for validation and they have asked HWBH to conduct enter and view work to appraise the extent to which the standards are met. The first mystery shop took place in March 2024. HWBH has re-established our Enter and Views (E&Vs) visits of local hospital following COVID. To date, we have conducted visits to maternity wards and to the Louisa Martindale Building Atrium (see above). We are considering visiting the Emergency Department and inpatient Mental Health services.	Enter and Views will be routinely conducted. Reports summarising our PLACE visits were published in March 2024.
Local Authority Homecare checks	ВНСС	Will Anjos (Project Coordinator)	Ongoing	This is an ongoing and hugely successful Council-funded project, in which HWBH volunteers interview people in their homes about their care, which is wholly or partly	A report summarising our activity is available here where you can also watch a video from our



Name	Source of project	Project lead	Timescale (estimated)	Details	Status
(ongoing project)				funded by the Council. Our reports have been used to commission new home care providers and to support discussions between the council and providers to deliver continual improvement.	Commissioner praising the project. We are proud of the impacts that this project has delivered and have submitted an entry to the 2023 Healthwatch Annual Awards.
Dementia (hospital services)	University Hospitals Sussex NHS Trust	Dr Lester Coleman	March – September 2024	In March, HWBH met with the Trust's Dementia Lead nurse. We learnt that the trust struggles to obtain feedback from patients or their families about services/care and they want to revise and strengthen their feedback systems to improve feedback capture (redesign the feedback system used). The trust is developing a new dementia strategy which they want to be coproduced, so they want feedback to support this. The new strategy needs to be written by January 2025. We discussed how HWBH could help and we are developing proposals to interview service users to (1) ask the about their experiences of the service, (2), how to develop a useable feedback system and (3) to identify someone to join the Trust's	We are developing final proposals with the Trust and hope to commence this project in April.



Name	Source of	Project lead	Timescale	Details	Status
	project		(estimated)		
				Dementia Operational Group which	
				currently does not have any public representation.	
Musculoskeletal services (MSK)	NHS Sussex	Cheryl Berry Healthwatch West Sussex and Alan Boyd, HWBH	March 2024 – final date TBC	The Musculoskeletal (MSK) service is undergoing change and a new contract will start in 2024 to provide a single Sussexwide referral system into services with the aim to improve the patient experience. NHS Sussex has advised that they wish to involve HWBH further in MSK service development.	Discussions were held in March and HW were asked to be part of the procurement team who will assess bids to deliver the new service. Both HWBH and HW West Sussex are involved in this work
Young Healthwatch	HWBH / Brighton and Hove City Council	Alan Boyd	March – September 2024	HWBH has been holding discussions with the Council. Amaze and PaCC to conduct research and patient engagement on vaping amongst children with SEND and autism. The city has a smoking cessation policy but the Schools Wellbeing survey has identified that vaping is becoming increasing popular amongst children and young people, however the health impacts are not fully understood. Far less is known about the reasons why children SEND might choose to vape. With the support of Amaze and PaCC we will conduct a survey, carry out desk top research and focus groups to learn more.	Discussions were held from September 2023 onwards but agreement to proceed was reached in March 2024.



Name	Source of project	Project lead	Timescale (estimated)	Details	Status
Healthwatch in Sussex polls	Healthwatch in Sussex	All three Healthwatch teams	February 2024 onwards	The three Healthwatch in Sussex teams have agreed to deliver a series of monthly market testing style polls to sense check the public's opinion/experiences on a range of topics. These short, 6 question, 2-minute surveys will give us high-level insight which we can use to identify larger projects but also to bring to the attention of NHS Sussex any emerging issues. Each Healthwatch team will lead on four polls each over the next 12 months	In February, we ran our fist Sussex-wide poll on Patient Knows Best and published our report. This was led by Healthwatch East Sussex. They also led on the March poll which is on PALS services. In April, HWBH will lead a poll seeking insight on the Memory Assessment Service.
Whitehawk GP practice	NHS Sussex / HWBH	Alan Boyd	December 2023 - final date TBC	HWBH have been involved in discussion about who will provide GP services based for the Whitehawk area. Our ideas have already influenced the service specification and we are attending a variety of meetings associated with this work, including communications and equalities. HWBH has been invited to join the procurement panel who will determine who the next provider will be.	



3. Potential future projects under consideration

Name	Source of	Details	Likelihood of
	project		proceeding
Woodingdean	HWBH	In February 2024, HWBH began receiving negative patient feedback about this	High – actively pursuing
GP Practice		practice and the difficulties people were experiencing in booking a GP	
		appointment. We were contacted by the Care Quality Commission to share	
		any insight we had as they had also been receiving negative feedback. To	
		date, we have shared our insight with the CQC and NHS Sussex. We are in	
		separate discussions with NHS Sussex about how HWBH might support the	
		practice, which may include conducting and Enter & View and patient survey	
		and/or chairing a meeting between the practice, NHS Sussex and Patient	
		Participation Group/Residents' Association.	
Integrated	HWBH	Integrated Neighbourhood Teams are a key priority for the Sussex Integrated	Medium – actively
Neighbourhood		Care System. The purpose of ICTs will be to strengthen the way we collectively	pursuing
Teams		deliver an integrated offer of health, care and wellbeing in our communities	
		and neighbourhoods, and improve outcomes across different needs in our	
		population. They are a significant partnership development to enhance how	
		delivery is organised and supported across key shared priority programmes,	
		governance and potentially finance. HWBH has held discussions with the lead	
		at the Council who is taking forward the implementation of ICTs in Brighton. At	
		this stage, we have offered our support and desire to be involved and as a	
		result we have been invited to join a new Task and Finish group. Future project	
		work on ICTs uncertain at this time.	
Ethnically	Bridging	HWBH has held discussions with leads from Bridging Change who aim to	Medium – actively
diverse	Change / HWBH	create a more equal and diverse society with positive outcomes for Black	pursuing
communities		Asian and minoritised ethnic people. We met to discuss how HWBH and BC	
		might work together to enhance the voices of the communities they	



Name	Source of	Details	Likelihood of
	project	project	proceeding
		represent. At this time, no project has been identified but we will remain in contact.	
Supported Housing	YMCA Brighton	HWBH met with the CEO of YMCA Brighton. We discussed a number of potential areas for engagement and scrutiny of services: 1. Staying Well space – this is delivered by Southdowns and is available outside of normal hours. It's intended to provide emergency support and reduce A&E and GP attendance, but the service is underused. Why? 2. Arch Healthcare are a GP practice providing a dedicated service to those who are homeless. But what is provision like for those who are homeless or in supported accommodation across the city? Are all GP's trained to deliver equal levels of support? 3. Services going into supported housing to deliver care to residents works best for them but the only service which doesn't provide 'in reach' is Mental Health support 4. User groups exists for each of the supported housing sites so there is an existing structure to engage with this cohort 5. A focus group to discuss general health and social care needs with men might identify a bigger project 6. Common Ambition https://www.bhcommonambition.org/ have brought together people with lived experience of homelessness, frontline providers, and commissioners through co-production within homeless health services. Their aim has been to improve health services and outcomes for people experiencing homelessness in Brighton & Hove. Their funding ends in March and they are keen on legacy, so we could usefully meet with them to see if they have work which we might continue	Medium – actively pursuing



Name	Source of project	Details	Likelihood of proceeding
	. ,	7. Changing Futures https://www.changingfuturessussex.org/ have been working with individuals experiencing multiple disadvantage, including those who are homeless so we might partner with them	
Health Care Support Workers roles	University Hospitals Sussex NHS Trust	HWBH met with colleagues at the Trust. We learnt that Health Care Support Workers roles are new. These are Mental Health trained roles which have been piloted in A&E to provide enhanced support to people who are waiting for admission. They have replaced Registered MH Nurses who are often temporary and very expensive. They want to conduct a review with people who have been discharged to gather their views about how useful these roles are. The feedback could help expand the pilot and identify areas of improvement. We will follow up on this with the lead nurse and identify whether we could interview service users who have been discharged.	Medium – actively pursuing
Inequalities work with East Brighton Food Partnership (EBFC)	NHS Sussex Coproduction	HWBH has been speaking with East Brighton Food Cooperative to develop project work that will support our engagement with communities they serve. We would like to understand more about their views and experiences about health and social care services. Geographically speaking, these communities are reported to have higher levels of deprivation and worse health outcomes.	Medium – actively pursuing
Women's Health	NHS Sussex	NHS Sussex are developing a women's Health Strategy and wish to engage with service users on aspects of the Strategy. There is a National Women's Health Strategy and this is also a priority area for HWE. HWBH will be seeking further discussions with NHS Sussex about their plans to engage with people on this important topic.	Medum – actively pursuing
Oral Health Needs Assessment	Mentioned at NHS Sussex Board meetings	HWBH is aware that there is a need to refresh the oral health needs assessment and we are keen to be involved given our interest and work on dental health	Medium – being monitored. A priority



Name	Source of	Details	Likelihood of
	project		proceeding
			area but we await
			developments
Lifelines	Lifelines and	HWBH were approached by a staff member at Volunteering Matters about an	Medum – actively
(Volunteering	Healthwatch	opportunity to apply for joint funding from the BHCC Communities Fund to	pursuing
Matters)		team up with Lifelines to explore people who have Multiple Compound Needs	
		(MCN) and their experiences of health and care. We are proposing using any	
		funding to deliver 12 (one a month) detailed interviews with people who have	
		MCN. This cohort of people have been identified by BHCC as part of their	
		CORE20PLUS groups who suffer health inequalities locally.	
Research	Response to a	HWBH were altered to a bid being submitted by SPFT for funding from the NHS	Low - we will explore
Engagement	bid from Sussex	to promoting Diverse Participation in Research. HWBH have discussed how we	whether to pick this work
Network	Partnership	might be involved in this work but agreed that for the current funding round	up again in 24/25
	Foundation Trust	(in 23/24) we do not have capacity to be involved.,	
	(SPFT)		

4. Projects considered but not being taken forward.

Name	Details
Community	HWE has advised that CDCs are one of the areas they will focus on this coming year. We subsequently learnt that the CDC
Diagnostic	located in Brighton was not one which Healthwatch England wished to focus on. Healthwatch colleagues in West and East
Centres (CDCs)	Sussex did undertake some work at local CDCs
Overnight	We followed up a discussion with NHS Sussex who had approached us about supporting them on this topic. We were
dressing	advised that there were no plans to directly engage with people, only to keep us informed about this work.
Electronic	HWBH was approached by leads at UHSx on proposals to improve the digital offer to patients to help them manage their
Patient Records	health care records online. We discussed with them how patients might be involved and whether more patient engagement
(EPR)	needs to happen but were later advised that this work was not proceeding



Name	Details	
Would Care	As above, HWBH followed up on this after being directly contacted by NHS Sussex Leads but there is no work to be dor NHS Sussex advises HWBH about the new Wound Care Steering Group.	
Digital engagement (UHSx)	UHSx have piloted digital software to enable patients to undertake their pre-op assessments for surgery away from the hospital. The Trust wishes to expand the technology (nationally) and involve more patients to understand how the technology can be further improved. HWBH was asked to deliver focus groups with patients over a 12-month period. In October, we were advised that UHSx had withdrawn its application for funding to deliver this project.	
Ear, Nose, Throat (ENT)	Following on from the above, CLEAR reverted to HWBH with their plans for a similar ENT study and how best to involve patients in this. HWBH and NHS Sussex met / exchanged emails (June/July) but again the proposed timelines were determined to be prohibitive.	
Direct payments (extension)	HWBH explored the potential to expand the direct payments work that we had completed in June 2023 so that it covered parents of children who receive this award. This is now regarded as a non-starter, as the initial project led by HWBH, captured views of parents.	
Sleep Studies	Sleep studies HWBH HWBH identified this as an area of interest from meeting papers / other intelligence but no further work on this topic has been identified	
Eye Health	HWBH met with leads of a recent review of Ophthalmology services across UHSx. HWBH and NHS Sussex held several meetings with those leading this ('CLEAR') about including patient engagement. The timescales have prevented the work from progressing.	
Dementia pathways (extension)	HWBH suggested expanding the dementia pathways project, which we completed in June, to include a patient survey. Whilst this has been raised with commissioning leads, it has not progressed as of August 2023. HWBH's report is already delivering impacts, so we have abandoned this work at present.	
Diabetes	NHS Sussex made HWBH aware of a project focussing on diabetes and sought expressions of interest to deliver this. HWBH consulted with the Trust for Developing Communities (TCC) about potential partnership working and their reply was positive, however they advised that they were submitting a joint bid with the Hangleton and Knoll Project (HKN) - both groups have strong background in diabetes and were subsequently successful with their bid. No further action for HWBH at present.	
Digitally excluded	CQC issued a request to the HW network to conduct a piece of work working with specific groups on digital exclusion, however their timeframe was prohibitive (March-May). We nevertheless submitted a proposal should they not receive any bids. We were not successful.	



5. Internal projects – Will Anjos (Project Coordinator) and Katy Francis (Project Support Officer) lead these.

Name	Details	Likelihood of proceeding
Review of All HWBH policies	HWBH is reviewing all its internal policies. A HR specialist volunteer is supporting us.	Ongoing
Healthwatch activity	HWBH records all activity including meetings, reports, media work, social media etc. This data set feeds into 6-month and annual reports to the HWBH Commissioner.	Ongoing
6/12-month performance reporting	HWBH is contractually required to submit a summary report outlining our performance on a 6 month and annual basis. These reports are <u>published</u> .	Ongoing
Data Storage & Archive System	HWBH will complete the process of organising data storage and usage across the system.	Ongoing
Cyber Essentials Certification	HWBH has an ongoing requirement to get 'NCSC Cyber Essentials' certification to remove obstacles to data sharing with other organisations, including BHCC and trusts, as well as to improve our retender offer.	Ongoing
Data Sharing / DPIA	HWBH has put in place a data sharing agreement with other organisation for collaborations.	Completed but subject to review as required
Data security	HWBH monitors system and devices using Microsoft InTune to ensure continued integrity and security. We also monitor any breaches and apply learning from these.	Ongoing
Website development	HWBH aims to improve the Feedback capture pages on our website to include an Easy Read document and enhanced demographic data capture. We will also update our website.	Ongoing
Staff recruitment	Staff recruitment campaigns are undertaken as required.	As required
Volunteer recruitment	HWBH will put in place an agreed process to recruit, induct, train and support volunteers.	Ongoing
Volunteer engagement	HWBH will keep in regular contact with our volunteers, offering social events and opportunities to be involved in our work.	Ongoing
HWBH public- facing events	HWBH will organise attendance at a variety of public facing events to raise awareness of HW and capture more insight.	Ongoing



Name	Details	Likelihood of proceeding
Communications	HWBH will review our Communications and Engagement Strategy to support our work.	Ongoing
& Engagement		
Strategy		
Stakeholder	HWBH will be conducting stakeholder survey in early 2024.	January – March 2024
survey		
Prioritisation and	HWBH will review its current project prioritisation and planning policy to ensure it best	Ongoing
planning	supports our work.	
Impact tracker	HWBH will develop an Impact Tracker to support our work and allow us to monitor our	Ongoing
	impact.]	
Equalities Impact	HWBH will complete an updated Equalities Impact Assessment to demonstrate our reach	Ongoing
Assessment	and engagement with different communities and groups with protected characteristics.	





Local voluntary and community groups we have worked, or joined up with, to deliver our projects and work:



















carers for brighton & hove

BRIDGING CHANGE



Brunswick Festival







Other partners we have worked, or partnered with, to deliver our projects and work:















Contact information

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